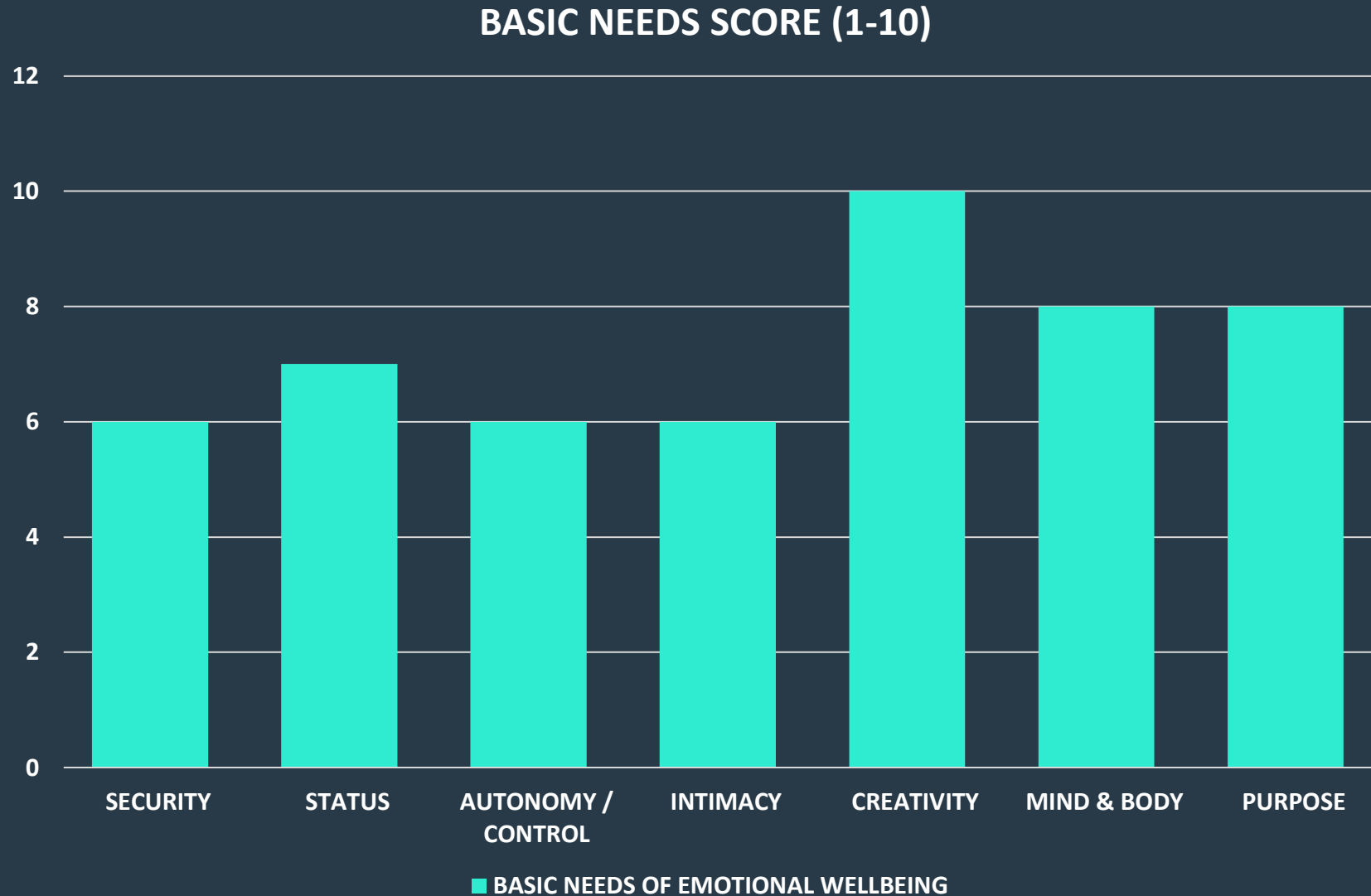


# THE 7 NEEDS OF WELLBEING & PERFORMANCE



# Measurement: The 7 needs of wellbeing & performance. Measure on a quarterly basis



## Measure your own 7 needs of wellbeing and performance

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<https://letsreset7.com/7needs>

**Workshop Code: DIPG**

**Score out of 70**

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We would love to hear  
from you...

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All portraits in this deck are from the book LET'S RESET by Suki Thompson with Rankin

